* **Introduction**: Segulos and this Sefer **|** The purpose of this Sefer **|** Prerequisites for Segulos **|** The setup of this Sefer 1
* Practices that bring **atonement** 13
* For **protection** in times of distress, especially **epidemics** 15
* For **protection** from distress, especially **epidemics**, for help in all areas of **holiness** 34
* Extremely **favorable times** for acceptance of **Tefillos** 41
* To **free oneself** of Heavenly **prosecutors** 43

- **Saved** from war of **Gog** and **Magog**, to be saved from the **last test** before the arrival of **Mashiach** and success in **parnassa** 43

* **Nullification** of **bad influences** over a person 48
* To raise one's **Mazal**, **success**, **empower** oneself **spiritually** and for **longevity** 49
* **Protection** from **harm** and plague, **success** in **court** 53
* For **protection** against **Ayin Hara** 57
* For **protection** against **Ayin Hara** (days that Ayin Hara is particularly powerful and that children need special protection), against **Kishuf** and for **expectant women** 58
* Against **Ayin Hara** 60
* To **sanctify one's actions** 60
* For **Protection** from **distress** and **strange death** 61
* **Protection** even in places of **danger** 62
* For **wisdom** 63
* For **clarity** 63
* To **free** oneself from all forms of **negative influence** 64
* For **protection**, to find **favor** and for **success** 78
* For **protection** and **success** 79
* For **success** in **business** 81
* For **acceptance** of **Tefillos** 81
* To **prevent strange** and **sudden death** 86
* To **sanctify** one's **soul** and **thoughts**, to **understand** and **remember** one's **learning** 87
* For **protection** from **harm**, to **find favor** in the eyes of Heaven and man, **protection** while **traveling** and to **spared** from **jail** 89
* To **negate bad traits** 91
* **Against bad thoughts** 91
* **Protection** at times that the **Yetzer Hara** is particularly **strong** 92
* **Turning** simple everyday **annoyances into forgiveness** 93
* For **longevity** and to help **accomplish** one's **mission** in this world 94
* To **strengthen** the weakened **soul** 95
* **Not to** inadvertently **transgress Shabbos** 96
* Ten (mostly learning based) Segulos for **success** in **numerous areas** 97
* Ten practices for **righteous children** 105
* Future projects, with the help of Hashem
* **Biographies** 109

Rav Shimshon of Ostropoli **|** Rav Naftali Hakohen Katz **|** Rav Shlomo ben Shimon **|** Rav Moshe Ben Nachman **|** Rav Eliezer Papo **|** Rav Yehuda Petaya **|** Rav Yoel Halperin **|** Rav Zecharia Simaner **|** Rav Yisrael Meir Hakohen Kagan **|** Rav Pinchas Shapiro **|** Rav Aharon Roth **|** Rav Yisrael Freidman **|** Rav Chaim of Volozhin **|** Rav Yitzchak D'min Acco **|** Rav Yitzchak Luria Ashkenazi **|** Rav Chaim Yosef Dovid Azulay **|** Rav Menachem Mendel of Rimanov **|** Rav Tzvi Hersh Kaidanover **|** Rav Moshe Galanti **|** Rav Yehuda HaChassid **|** Rav Dovid Shlomo Eibshitz **|** Rav Shmuel Vital **|** Rav Yisrael Tzvi Rottenberg **|** Rav Tzvi Hersh Eichenstein **|** Rav Hai Gaon

**|** Rav Shlomo Luria **|** Rav Yosef Chaim **|** Rav Avraham Galanti **|** Rav Elimelech Weisblum **|** Rav Moshe Kordovero **|** Rav Yeshayahu Horowitz **|** Rav Avraham Twerski **|** Rav Yitzchak of Radvill **|** Rav Tzvi Elimelech Shapiro **|** Rav Yehuda (Al)Charizi **|** Rav Chaviv Chaim Dovid Sutton **|** Rav Dovid Shapiro **|** Rav Sheftel Horowitz **|** Rav Chaim Halberstam **|** Rav Chaim Eliezer Rabinowitz **|** Rav Moshe of Trani **|** Rabbeinu Bachya **|** Rav Meir of Apta **|** Rav Yehuda Zev Segal **|** Rav Avigdor Kara **|** Sefer Hachinuch **|** Rav Chaim Vital **|** Rav Naphtali Tzvi Horowitz **|** Rav Aharon Perlow **|** Rav Yeshaya Steiner